

Haematuria

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3.5 On which criteria should we select living kidney donors to optimize the risk–benefit ratio of their donation?

Haematuria

- We recommend considering persistent haematuria of glomerular origin as a contraindication to living donation, because it may indicate kidney disease in the donor. (1B)
- However, we acknowledge thin basement membrane disease might be an exception. (Ungraded statement)

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CHAPTER 7: EVALUATION OF HEMATURIA AND INDICATIONS FOR KIDNEY BIOPSY IN KIDNEY DONOR CANDIDATES

Evaluation

7.1: All donor candidates should be screened for the presence of microscopic hematuria. (Not Graded)

7.2: Donor candidates with persistent microscopic hematuria should undergo testing to identify possible underlying causes which may include (potential tests in parentheses): (Not Graded)

- Infection (urinalysis and urine culture)
- Nephrolithiasis/microlithiasis (urography and a 24-hr urine stone panel)
- Malignancy (multiphasic computerized tomography, or urography with and without IV contrast, or magnetic resonance urography AND cystoscopy, along with a focused history evaluating demographic and clinical cancer risk factors)
- Glomerular disease (measurement of GFR, urinary protein, focused review of family history of kidney disease, and consideration of renal biopsy)

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Donor Selection

- 7.3: Hematuria from a reversible cause, such as infection, that resolves with treatment is not a contraindication to kidney donation. (Not Graded)
- 7.4: Some donor candidates with microscopic hematuria also have other characteristics which associate with a higher lifetime risk of ESRD (such as a low GFR, high levels of albuminuria, hypertension, or evidence of a glomerular disease on kidney biopsy such as IgA nephropathy). Such donor candidates should generally be excluded from kidney donation. (Not Graded)

